

Sienus van Rhee Limiet wedstrijd



Z&PC het Ravijn
Nijverdal 23-3-2013

Nummer: 1 - zaterdag 23 maart 2013 (25 m)

1. 100m vlinderslag - Dames

vanaf 11 jaar (Senioren Open)

- | | |
|--|----------------|
| 1. Mirjam de Raad (Deltasteur, 199800794)
50m 00:32.34 32,34 | 01:12.36(+79) |
| 2. Larissa Thien (SV Rheine 68 eV., 196935)
50m 00:34.69 34,69 | 01:15.45(+74) |
| 3. Loek ten Broeke (Het Ravijn, 199704754)
50m 00:34.90 34,90 | 01:16.20(+63) |
| 4. Louiza Kamp (Zignea, 199904372)
50m 00:35.62 35,62 | 01:17.20 |
| 5. Linde Haverkate (ZPC De Hof, 199900244)
50m 00:37.59 37,59 | 01:20.59(+82) |
| 6. Esther Boonk (Zignea, 198806570)
50m 00:37.90 37,90 | 01:21.31(+74) |
| 7. Karin Meinders (Zignea, 199800758)
50m 00:36.48 36,48 | 01:22.51(+88) |
| 8. Mathilde Stolmeijer (ZPC De Hof, 200100590)
50m 00:39.67 39,67 | 01:26.66 |
| 9. Brit Brandsma (Zignea, 200100026)
50m 00:38.54 38,54 | 01:26.93(+73) |
| 10. Chazia Slinkman (De Mors, 199800332)
50m 00:36.92 36,92 | 01:27.10 |
| 11. Annemijn Spohr (Wzv, 200000548)
50m 00:39.24 39,24 | 01:27.97(+79) |
| 12. Femke Kemper (Zignea, 200001732)
50m 00:40.24 40,24 | 01:29.90(+64) |
| 13. Sanne Brakels (ZPC De Hof, 199903294)
50m 00:41.81 41,81 | 01:30.16(+103) |
| 14. Esther van der Sloot (Zignea, 199900124)
50m 00:41.46 41,46 | 01:33.24(+71) |
| 15. Milena Remke (SV Rheine 68 eV., 259625)
50m 00:41.82 41,82 | 01:35.06 |
| 16. Lena Schulz (SV Rheine 68 eV., 308595)
50m 00:42.72 42,72 | 01:36.39(+64) |
| 17. Linda Meinders (Zignea, 200100644)
50m 00:47.93 47,93 | 01:46.85(+87) |
| DIS. Nele Büscher (SV Rheine 68 eV., 304328)
50m 00:46.58 46,58 | 00:00.00(+84) |

2. 100m vlinderslag - Heren

vanaf 12 jaar (Junioren 1 en ouder)

- | | |
|---|---------------|
| 1. Christian Karkdijk (Het Ravijn, 199202523)
50m 00:28.42 28,42 | 01:03.83(+62) |
|---|---------------|

2. Dinand Schutte (Deltasteur, 199600335)				01:09.26(+87)
50m	00:31.92	31,92		
3. Paul Jurcka (WS Twente, 196901599)				01:09.51(+84)
50m	00:31.96	31,96		
4. Stefan Ridderbos (Bubble, 199700851)				01:10.35
50m	00:31.68	31,68		
5. Jorrik Kerdijk (Bubble, 199602135)				01:10.97(+65)
50m	00:32.42	32,42		
6. Jelte Veldkamp (ZPC De Hof, 199900051)				01:17.58(+60)
50m	00:35.78	35,78		
3. 200m vrije slag - Dames				
<i>vanaf 11 jaar (Senioren Open)</i>				
1. Kimberley Kranenberg (ZPC De Hof, 199400292)				02:19.02(+79)
50m	00:31.94	31,94	100m 01:07.62	35,68 150m 01:43.88
2. Maaike Doornwaard (Deltasteur, 199800264)				02:20.20(+84)
50m	00:31.63	31,63	100m 01:07.74	36,11 150m 01:44.29
3. Rosanne Schrijer (Deltasteur, 199702306)				02:25.56(+80)
50m	00:34.10	34,10	100m 01:11.44	37,34 150m 01:49.11
4. Laura Thien (SV Rheine 68 eV., 182000)				02:26.02(+86)
50m	00:32.13	32,13	100m 01:08.38	36,25 150m 01:46.63
5. Lianne Roescher (ZPC De Hof, 199900248)				02:28.65
50m	00:34.36	34,36	100m 01:11.40	37,04 150m 01:49.92
6. Laura Remke (SV Rheine 68 eV., 227430)				02:29.81(+83)
50m	00:33.76	33,76	100m 01:11.76	38,00 150m 01:51.54
7. Marieke Nijland (Het Ravijn, 199903962)				02:34.03(+70)
50m	00:34.89	34,89	100m 01:14.55	39,66 150m 01:55.36
8. Roos Oldenhof (Het Ravijn, 199605382)				02:34.52(+47)
50m	00:34.58	34,58	100m 01:13.56	38,98 150m 01:54.88
9. Fleur van Alphen (Zignea, 199803692)				02:36.09(+76)
50m	00:34.31	34,31	100m 01:12.96	38,65 150m 01:53.54
10. Daphne Pols (Wzv, 199904116)				02:45.07(+79)
50m	00:36.89	36,89	100m 01:19.12	42,23 150m 02:03.40
11. Hilde Hollander (Deltasteur, 200000844)				02:45.10(+89)
50m	00:37.20	37,20	100m 01:19.65	42,45 150m 02:03.53
12. Maud Heldoorn (Deltasteur, 200000564)				02:48.22(+83)
50m	00:38.20	38,20	100m 01:21.42	43,22 150m 02:06.10
13. Britt Harmsen (Het Ravijn, 199705584)				02:49.12(+75)
50m	00:37.66	37,66	100m 01:21.18	43,52 150m 02:05.41
14. Mariska Kagenaar (Zignea, 199703972)				02:49.66
50m	00:40.06	40,06	100m 01:23.45	43,39 150m 02:08.46
14. Jola Noya (Deltasteur, 200000880)				02:49.66(+87)
50m	00:37.90	37,90	100m 01:21.74	43,84 150m 02:07.45
16. Esther de Wijs (Wzv, 199801732)				02:50.40
50m	00:37.34	37,34	100m 01:20.86	43,52 150m 02:03.53
17. Lena Schulz (SV Rheine 68 eV., 308595)				02:54.72(+89)
50m	00:37.39	37,39	100m 01:22.30	44,91 150m 02:09.56
18. Anouk Veldman (Zignea, 199705894)				02:58.66(+78)
50m	00:40.75	40,75	100m 01:26.25	45,50 150m 02:13.11
19. Julia Siepker (SV Rheine 68 eV., 269021)				03:01.35(+84)

	50m 00:39.92 39,92	100m 01:26.15 46,23	150m 02:14.89 48,74	
20. Isa Overvoorde (Zignea, 199805858)				03:01.94
	50m 00:40.35 40,35	100m 01:25.11 44,76	150m 02:12.24 47,13	
21. Lotte de Vente (Het Ravijn, 199905814)				03:02.56(+75)
	50m 00:41.08 41,08	100m 01:27.62 46,54	150m 02:16.85 49,23	
22. Evelien Geubels (Bubble, 200102522)				03:16.43(+88)
	50m 00:45.32 45,32	100m 01:36.68 51,36	150m 02:28.30 51,62	
23. Lobke van de Walle (Zignea, 200004850)				03:30.28(+86)
	50m 00:43.98 43,98	100m 01:36.66 52,68	150m 02:35.17 58,51	
4. 200m vrije slag - Heren				
<i>vanaf 12 jaar (Junioren 1 en ouder)</i>				
1. Michiel Beemster (WS Twente, 198000063)				02:03.27(+88)
	50m 00:26.98 26,98	100m 00:57.53 30,55	150m 01:30.31 32,78	
2. Marcel Marsman (Het Ravijn, 199400373)				02:13.46(+60)
	50m 00:28.60 28,60	100m 01:02.32 33,72	150m 01:37.90 35,58	
3. Ties Traanman (ZPC De Hof, 199800067)				02:18.56(+90)
	50m 00:31.48 31,48	100m 01:06.60 35,12	150m 01:44.02 37,42	
4. Ruben Nijzink (De Mors, 199805023)				02:20.56
	50m 00:32.80 32,80	100m 01:08.77 35,97	150m 01:45.99 37,22	
5. Arjen van der Boom (Zignea, 198604449)				02:21.66(+78)
	50m 00:29.73 29,73	100m 01:04.35 34,62	150m 01:42.80 38,45	
6. Laurens Spoelstra (WS Twente, 199901273)				02:28.28
	50m 00:33.11 33,11	100m 01:10.86 37,75	150m 01:50.32 39,46	
7. Daniel Nijzink (De Mors, 199900171)				02:29.20(+74)
	50m 00:33.49 33,49	100m 01:11.10 37,61	150m 01:50.69 39,59	
8. Raymond van Unen (Deltasteur, 200000523)				02:37.49(+85)
	50m 00:36.95 36,95	100m 01:18.21 41,26	150m 01:58.35 40,14	
9. Douwe Beunk (Zignea, 199903575)				02:39.82(+81)
	50m 00:34.21 34,21	100m 01:15.54 41,33	150m 01:59.40 43,86	
10. Mika Jurcka (WS Twente, 200000869)				02:52.57(+76)
	50m 00:38.28 38,28	100m 01:22.85 44,57	150m 02:08.82 45,97	
11. Tom Troost (Het Ravijn, 199901117)				02:59.32(+82)
	50m 00:38.09 38,09	100m 01:23.62 45,53	150m 02:11.47 47,85	
12. Jarko Tempelman (Het Ravijn, 200000387)				03:09.85
	50m 00:43.75 43,75	100m 01:32.87 49,12	150m 02:23.20 50,33	
5. 100m schoolslag - Dames				
<i>8 - 10 jaar (Minioren 5 en later)</i>				
1. Carlotta Jarick (SV Rheine 68 eV., 272136)				01:43.26
	50m 00:48.69 48,69			
2. Cindy Zandvliet (De Mors, 200200306)				01:43.41
	50m 00:48.98 48,98			
3. Merith Schumer (Het Ravijn, 200202704)				01:50.07
	50m 00:50.94 50,94			
4. Lotte van Leeuwen (Zignea, 200200884)				01:50.15
	50m 00:51.70 51,70			
5. Noa Boerma (Het Ravijn, 200202736)				02:03.41(+79)
	50m 00:56.38 56,38			
6. Yasmine Wilms (WS Twente, 200301062)				02:03.64
	50m 00:57.97 57,97			

7. Jolieke van den Berg (Het Ravijn, 200400810)	02:11.29(+85)
50m 01:01.11 61,11	
DIS. Iris Markslag (Het Ravijn, 200400500)	00:00.00(+91)
50m 01:00.45 60,45	
6. 100m schoolslag - Heren	
8 - 9 jaar (Minioren 3 en 4)	
1. Lukas Binnekamp (WS Twente, 200300107)	01:45.65(+58)
50m 00:49.05 49,05	
2. Andy Zandvliet (De Mors, 200300381)	01:49.94
50m 00:54.57 54,57	
3. Florian Houwen (Bubble, 200400065)	02:02.43
50m 00:55.93 55,93	
4. Carlos Jarick (SV Rheine 68 eV., 300205)	02:02.89
50m 00:57.65 57,65	
7. 100m schoolslag - Heren	
10 - 11 jaar (Minioren 5 en 6)	
1. Floris Nederburgh (Zignea, 200102739)	01:40.37(+70)
50m 00:48.62 48,62	
2. Edwin Struyk (Bubble, 200101159)	01:41.78
50m 00:49.01 49,01	
3. Jordy Koopman (Zignea, 200200611)	01:44.29(+80)
50m 00:46.76 46,76	
4. Maik Koster (De Mors, 200100869)	01:50.50(+84)
50m 00:54.80 54,80	
5. Jochem Nijland (Het Ravijn, 200203061)	02:04.22
50m 00:57.78 57,78	
DIS. Vincent Veluwenkamp (De Mors, 200200647)	00:00.00(+65)
50m 00:57.51 57,51	
8. 100m rugslag - Dames	
vanaf 11 jaar (Senioren Open)	
1. Naomi Hofsink (Deltasteur, 199402508)	01:11.51(+71)
50m 00:34.79 34,79	
2. Femke Pleizier (Het Ravijn, 199605646)	01:12.96(+75)
50m 00:34.94 34,94	
3. Laura Thien (SV Rheine 68 eV., 182000)	01:15.23(+71)
50m 00:36.02 36,02	
4. Larissa Thien (SV Rheine 68 eV., 196935)	01:16.04(+94)
50m 00:36.93 36,93	
5. Louiza Kamp (Zignea, 199904372)	01:18.24(+79)
50m 00:38.47 38,47	
6. Romee Nijboer (Het Ravijn, 199804392)	01:18.71(+81)
50m 00:39.38 39,38	
7. Laura Remke (SV Rheine 68 eV., 227430)	01:19.70(+67)
50m 00:37.97 37,97	
8. Nicole Zijlstra (Zignea, 199905852)	01:20.99(+75)
50m 00:39.92 39,92	
9. Manon Post (Zignea, 200101824)	01:21.03(+78)
50m 00:39.73 39,73	
10. Iris Bolink (Het Ravijn, 199801248)	01:22.07(+65)
50m 00:39.64 39,64	

11. Rosa Kolkman (Het Ravijn, 199600514) 50m 00:39.94 39,94	01:23.17(+75)
12. Maudy Bergboer (Het Ravijn, 199803248) 50m 00:40.15 40,15	01:23.32(+73)
13. Deborah Wilms (WS Twente, 199800936) 50m 00:41.00 41,00	01:23.68(+75)
14. Daphne Tempelman (Het Ravijn, 199700930) 50m 00:40.72 40,72	01:24.33(+76)
15. Mariska Kageenaar (Zignea, 199703972) 50m 00:42.19 42,19	01:25.37(+74)
16. Esther Mijnheer (Zignea, 199900870) 50m 00:42.02 42,02	01:25.98(+75)
17. Lena Schulz (SV Rheine 68 eV., 308595) 50m 00:41.66 41,66	01:26.31(+93)
18. Milena Remke (SV Rheine 68 eV., 259625) 50m 00:42.12 42,12	01:27.62(+64)
19. Daphne Pols (WzV, 199904116) 50m 00:43.12 43,12	01:27.68(+72)
20. Annemijn Spohr (WzV, 200000548) 50m 00:42.87 42,87	01:28.94(+68)
21. Zoë Slinkman (De Mors, 200100062) 50m 00:43.66 43,66	01:31.74(+77)
22. Thirza Bollema (Deltasteur, 200003322) 50m 00:45.47 45,47	01:34.13(+73)
23. Anouk Veldman (Zignea, 199705894) 50m 00:46.63 46,63	01:34.53(+77)
24. Julia Siepker (SV Rheine 68 eV., 269021) 50m 00:49.76 49,76	01:39.32(+87)
25. Nele Büscher (SV Rheine 68 eV., 304328) 50m 00:50.60 50,60	01:40.58(+73)
26. Leonie Knook (Zignea, 200100668) 50m 00:52.24 52,24	01:46.82(+88)
27. Lobke van de Walle (Zignea, 200004850) 50m 00:52.44 52,44	01:49.93(+69)
DIS. Sarell Valk (Het Ravijn, 200103892) 50m 00:55.47 55,47	00:00.00(+73)
DIS. Anouk Boltendal (Zignea, 200002518) 50m 00:45.36 45,36	00:00.00(+59)
DIS. Marit Brakels (ZPC De Hof, 200002148) 50m 00:40.51 40,51	00:00.00(+72)
9. 100m rugslag - Heren <i>vanaf 12 jaar (Junioren 1 en ouder)</i>	
1. Jari Hofsink (Deltasteur, 199700535) 50m 00:30.53 30,53	01:03.86(+59)
2. Sjoerd Nijhof (ZPC De Hof, 199401117) 50m 00:32.02 32,02	01:06.25(+78)
3. Max de Ceuninck van Capelle (Deltasteur, 199701203) 50m 00:33.43 33,43	01:08.24(+75)
4. Albert Jan van Slooten (Zignea, 199800049)	01:11.35(+77)

	50m 00:34.32 34,32			
5.	Hendrik Broekema (Bubble, 200002205) 50m 00:36.14 36,14			01:17.04(+65)
6.	Laurens Spoelstra (WS Twente, 199901273) 50m 00:39.78 39,78			01:20.91(+74)
7.	Stijn Wesselink (De Mors, 200000023) 50m 00:44.29 44,29			01:29.63(+71)
8.	Bjorn Elsmann (Het Ravijn, 200003523) 50m 00:49.94 49,94			01:40.58(+70)
DIS.	Christian Karkdijk (Het Ravijn, 199202523) 50m 00:32.88 32,88			00:00.00(+62)
10.	200m schoolslag - Dames <i>vanaf 11 jaar (Senioren Open)</i>			
1.	Merel Kraaijenhof (WS Twente, 199901428) 50m 00:42.84 42,84 100m 01:31.49 48,65 150m 02:21.65 50,16			03:10.06(+81)
2.	Fleur van Alphen (Zignea, 199803692) 50m 00:44.67 44,67 100m 01:33.99 49,32 150m 02:23.64 49,65			03:12.65(+80)
3.	Elma Leusink (Deltasteur, 200001394) 50m 00:45.09 45,09 100m 01:34.91 49,82 150m 02:24.99 50,08			03:13.42(+96)
4.	Danique Voortman (Het Ravijn, 199802918) 50m 00:43.48 43,48 100m 01:34.55 51,07 150m 02:25.98 51,43			03:15.58(+76)
5.	Femke Kemper (Zignea, 200001732) 50m 00:44.00 44,00 100m 01:34.70 50,70 150m 02:26.18 51,48			03:16.59(+56)
6.	Brit Brandsma (Zignea, 200100026) 50m 00:44.01 44,01 100m 01:34.98 50,97 150m 02:26.75 51,77			03:17.82(+77)
7.	Evelien Geubels (Bubble, 200102522) 50m 00:57.09 57,09 100m 02:00.79 63,70 150m 03:03.92 63,13			04:05.83(+86)
11.	200m schoolslag - Heren <i>vanaf 12 jaar (Junioren 1 en ouder)</i>			
1.	Stefan Ridderbos (Bubble, 199700851) 50m 00:38.25 38,25 100m 01:22.97 44,72 150m 02:08.38 45,41			02:53.78(+80)
2.	Nick van Scherrenburg (Zignea, 199902173) 50m 00:40.46 40,46 100m 01:27.35 46,89 150m 02:13.17 45,82			02:56.13(+55)
3.	Patrick Tempelman (Het Ravijn, 199700603) 50m 00:44.59 44,59 100m 01:35.41 50,82 150m 02:27.58 52,17			03:21.34
4.	Marijn Heetkamp (Het Ravijn, 199903407) 50m 00:47.23 47,23 100m 01:40.22 52,99 150m 02:33.33 53,11			03:26.22(+46)
5.	Stefan Volkers (Het Ravijn, 199901745) 50m 00:51.48 51,48 100m 01:48.62 57,14 150m 02:46.16 57,54			03:42.85
6.	Mika Jurcka (WS Twente, 200000869) 50m 00:51.46 51,46 100m 01:50.06 58,60 150m 02:50.04 59,98			03:49.36(+88)
12.	100m rugslag - Dames <i>8 - 10 jaar (Minioren 5 en later)</i>			
1.	Lynn Joor (Het Ravijn, 200300550) 50m 00:41.53 41,53			01:24.50(+71)
2.	Carlotta Jarick (SV Rheine 68 eV., 272136) 50m 00:44.18 44,18			01:30.79(+77)
3.	Lotte van Leeuwen (Zignea, 200200884) 50m 00:47.54 47,54			01:34.53(+83)

4. Linne Boerma (Zignea, 200200890) 50m 00:46.46 46,46	01:35.39(+76)
5. Dian Post (Zignea, 200200748) 50m 00:50.48 50,48	01:41.59(+70)
6. Merith Schumer (Het Ravijn, 200202704) 50m 00:50.26 50,26	01:43.74(+87)
7. Mia de Vente (Het Ravijn, 200300518) 50m 00:51.49 51,49	01:49.46(+67)
8. Maaïke Volkers (Het Ravijn, 200300066) 50m 00:54.00 54,00	01:50.09(+77)
9. Inge Heerink (Het Ravijn, 200201574) 50m 00:56.14 56,14	01:54.84(+81)
10. Iris Markslag (Het Ravijn, 200400500) 50m 00:59.35 59,35	01:59.95(+74)
DIS. Tahnee Slinkman (De Mors, 200300126) 50m 00:49.21 49,21	00:00.00(+90)
DIS. Tessa Kloosterman (Het Ravijn, 200400820) 50m 00:55.78 55,78	00:00.00(+78)
DIS. Romee Veldhuis (Het Ravijn, 200302136) 50m 00:55.48 55,48	00:00.00(+94)
13. 100m rugslag - Heren 8 - 9 jaar (Minioren 3 en 4)	
1. Lukas Binnekamp (WS Twente, 200300107) 50m 00:41.66 41,66	01:25.18(+68)
2. Matias Jansen (Zignea, 200300199) 50m 00:42.56 42,56	01:26.91(+59)
3. Andy Zandvliet (De Mors, 200300381) 50m 00:49.07 49,07	01:39.23(+90)
4. Carlos Jarick (SV Rheine 68 eV., 300205) 50m 00:51.21 51,21	01:45.32(+71)
5. Jeroen Elsman (Het Ravijn, 200301073) 50m 00:52.65 52,65	01:48.20(+90)
DIS. Stef Eektimmerman (Het Ravijn, 200400569) 50m 00:55.96 55,96	00:00.00(+60)
14. 100m rugslag - Heren 10 - 11 jaar (Minioren 5 en 6)	
1. Nathanaël Nijsink (De Mors, 200100947) 50m 00:45.45 45,45	01:28.07(+93)
2. Hidde Wernsen (Zignea, 200200697) 50m 00:45.13 45,13	01:30.74(+74)
3. Stefan Kagenaar (Zignea, 200101391) 50m 00:46.70 46,70	01:36.34(+86)
4. Edwin Struyk (Bubble, 200101159) 50m 00:49.02 49,02	01:39.39(+64)
DIS. Jordy Koopman (Zignea, 200200611) 50m 00:48.57 48,57	00:00.00(+63)
DIS. Floris Nederburgh (Zignea, 200102739) 50m 00:40.36 40,36	00:00.00(+69)
15. 100m schoolslag - Dames vanaf 11 jaar (Senioren Open)	

1. Marieke Nijland (Het Ravijn, 199903962) 50m 00:41.12 41,12	01:26.77(+74)
2. Iris Bolink (Het Ravijn, 199801248) 50m 00:40.50 40,50	01:27.06(+70)
3. Loek ten Broeke (Het Ravijn, 199704754) 50m 00:42.10 42,10	01:28.51(+47)
4. Britt Harmsen (Het Ravijn, 199705584) 50m 00:43.04 43,04	01:31.56(+73)
5. Rosa Kolkman (Het Ravijn, 199600514) 50m 00:43.33 43,33	01:33.40(+69)
6. Milena Remke (SV Rheine 68 eV., 259625) 50m 00:45.86 45,86	01:35.59(+69)
7. Anouk Veldman (Zignea, 199705894) 50m 00:44.62 44,62	01:37.06(+74)
8. Zoë Slinkman (De Mors, 200100062) 50m 00:46.63 46,63	01:39.98(+52)
9. Sanne Brakels (ZPC De Hof, 199903294) 50m 00:47.21 47,21	01:40.83
10. Mariska Kagenaar (Zignea, 199703972) 50m 00:48.01 48,01	01:41.35(+86)
11. Esther de Wijs (Wzv, 199801732) 50m 00:50.06 50,06	01:47.20
12. Thirza Bollema (Deltasteur, 200003322) 50m 00:50.31 50,31	01:47.53
13. Anouk Boltendal (Zignea, 200002518) 50m 00:49.46 49,46	01:48.03
14. Rebekka Nijzink (De Mors, 200102460) 50m 00:48.74 48,74	01:49.06
15. Linda Meinders (Zignea, 200100644) 50m 00:53.85 53,85	01:53.44(+73)
16. Leonie Knook (Zignea, 200100668) 50m 00:55.88 55,88	01:57.31(+72)
16. 100m schoolslag - Heren <i>vanaf 12 jaar (Junioren 1 en ouder)</i>	
1. Michiel Beemster (WS Twente, 198000063) 50m 00:32.98 32,98	01:10.81(+90)
2. Daniël de Wagt (Zignea, 199601339) 50m 00:32.38 32,38	01:12.31(+79)
3. Max de Ceuninck van Capelle (Deltasteur, 199701203) 50m 00:35.99 35,99	01:15.95(+70)
4. Dinand Schutte (Deltasteur, 199600335) 50m 00:35.90 35,90	01:16.82(+92)
5. Joey Nijboer (Het Ravijn, 199504659) 50m 00:34.96 34,96	01:17.01(+71)
6. Marcel Marsman (Het Ravijn, 199400373) 50m 00:35.72 35,72	01:17.11
7. Albert Jan van Slooten (Zignea, 199800049) 50m 00:36.51 36,51	01:17.72(+59)
8. Jorrik Kerdijk (Bubble, 199602135)	01:22.30(+67)

	50m 00:38.03 38,03			
9. Maarten Wesselink (De Mors, 199700769)	50m 00:43.78 43,78			01:32.65(+76)
10. Matthijs Wessels (De Mors, 199900221)	50m 00:45.02 45,02			01:36.54(+77)
11. Douwe Beunk (Zignea, 199903575)	50m 00:47.23 47,23			01:38.59(+81)
12. Christian Hiltjesdam (De Mors, 200004125)	50m 00:48.18 48,18			01:42.85
17. 200m rugslag - Dames				
<i>vanaf 11 jaar (Senioren Open)</i>				
1. Femke Pleizier (Het Ravijn, 199605646)	50m 00:38.17 38,17	100m 01:19.21 41,04	150m 02:01.47 42,26	02:40.77(+88)
2. Laura Thien (SV Rheine 68 eV., 182000)	50m 00:38.15 38,15	100m 01:19.79 41,64	150m 02:01.68 41,89	02:41.03(+71)
3. Larissa Thien (SV Rheine 68 eV., 196935)	50m 00:39.15 39,15	100m 01:21.41 42,26	150m 02:03.14 41,73	02:43.37(+85)
4. Linde Haverkate (ZPC De Hof, 199900244)	50m 00:39.96 39,96	100m 01:22.30 42,34	150m 02:03.92 41,62	02:43.62(+78)
5. Karin Meinders (Zignea, 199800758)	50m 00:39.16 39,16	100m 01:21.23 42,07	150m 02:03.86 42,63	02:45.33(+76)
6. Désirée Hulsmeijer (Het Ravijn, 199001656)				02:51.40
7. Roos Oldenhof (Het Ravijn, 199605382)	50m 00:42.32 42,32	100m 01:25.23 42,91	150m 02:09.05 43,82	02:51.67(+84)
DIS. Laura Remke (SV Rheine 68 eV., 227430)				00:00.00
DIS. Lotte de Vente (Het Ravijn, 199905814)				00:00.00
18. 200m rugslag - Heren				
<i>vanaf 12 jaar (Junioren 1 en ouder)</i>				
1. Raymond van Unen (Deltasteur, 200000523)	50m 00:42.21 42,21	100m 01:26.75 44,54	150m 02:12.46 45,71	02:56.23(+64)
2. Tom Troost (Het Ravijn, 199901117)	50m 00:44.98 44,98	100m 01:34.07 49,09	150m 02:26.48 52,41	03:15.70(+70)
3. Jarko Tempelman (Het Ravijn, 200000387)	50m 00:47.47 47,47	100m 01:39.27 51,80	150m 02:32.58 53,31	03:21.50(+64)
DIS. Jurre ten Dam (WS Twente, 200003107)	50m 00:39.57 39,57	100m 01:21.81 42,24	150m 02:05.29 43,48	00:00.00(+79)
19. 100m vrije slag - Dames				
<i>8 - 10 jaar (Minioren 5 en later)</i>				
1. Lynn Joor (Het Ravijn, 200300550)	50m 00:35.50 35,50			01:15.08(+83)
2. Carlotta Jarick (SV Rheine 68 eV., 272136)	50m 00:36.83 36,83			01:17.56
3. Linne Boerma (Zignea, 200200890)	50m 00:41.30 41,30			01:27.68(+67)
4. Tahnee Slinkman (De Mors, 200300126)	50m 00:44.06 44,06			01:29.76(+75)
5. Dian Post (Zignea, 200200748)	50m 00:44.65 44,65			01:31.29
6. Cindy Zandvliet (De Mors, 200200306)				01:31.67

	50m 00:43.61 43,61	
7. Yasmine Wilms (WS Twente, 200301062)	50m 00:44.71 44,71	01:35.47
8. Mia de Vente (Het Ravijn, 200300518)	50m 00:46.48 46,48	01:36.22(+61)
9. Noa Boerma (Het Ravijn, 200202736)	50m 00:45.55 45,55	01:41.76
10. Maaïke Volkers (Het Ravijn, 200300066)	50m 00:49.58 49,58	01:44.54
11. Inge Heerink (Het Ravijn, 200201574)	50m 00:51.72 51,72	01:47.35
12. Jolieke van den Berg (Het Ravijn, 200400810)	50m 00:52.35 52,35	01:54.57(+86)
13. Tessa Kloosterman (Het Ravijn, 200400820)	50m 00:53.97 53,97	01:57.23
14. Romee Veldhuis (Het Ravijn, 200302136)	50m 00:55.25 55,25	01:59.49(+61)
20. 100m vrije slag - Heren		
<i>8 - 9 jaar (Minioren 3 en 4)</i>		
1. Lukas Binnekamp (WS Twente, 200300107)	50m 00:36.20 36,20	01:16.49(+57)
2. Matias Jansen (Zignea, 200300199)	50m 00:37.02 37,02	01:17.54
3. Carlos Jarick (SV Rheine 68 eV., 300205)	50m 00:42.12 42,12	01:33.73
4. Florian Houwen (Bubble, 200400065)	50m 00:44.70 44,70	01:36.62
5. Stef Eektimmerman (Het Ravijn, 200400569)	50m 00:48.18 48,18	01:42.79
6. Jeroen Elsman (Het Ravijn, 200301073)	50m 00:51.27 51,27	01:51.16
21. 100m vrije slag - Heren		
<i>10 - 11 jaar (Minioren 5 en 6)</i>		
1. Floris Nederburgh (Zignea, 200102739)	50m 00:35.65 35,65	01:14.77(+74)
2. Hidde Wernsen (Zignea, 200200697)	50m 00:38.55 38,55	01:18.51(+61)
3. Nathanaël Nijnsink (De Mors, 200100947)	50m 00:39.70 39,70	01:20.51(+86)
4. Edwin Struyk (Bubble, 200101159)	50m 00:38.82 38,82	01:22.79
5. Stefan Kageenaar (Zignea, 200101391)	50m 00:41.09 41,09	01:25.37
6. Vincent Veluwenkamp (De Mors, 200200647)	50m 00:44.64 44,64	01:40.13
7. Maik Koster (De Mors, 200100869)	50m 00:48.03 48,03	01:40.78(+79)
8. Jochem Nijland (Het Ravijn, 200203061)	50m 00:52.74 52,74	01:53.14

22. 100m vrije slag - Dames

vanaf 11 jaar (Senioren Open)

- | | |
|---|----------------|
| 1. Naomi Hofsink (Deltasteur, 199402508)
50m 00:28.93 28,93 | 01:01.31(+89) |
| 2. Kimberley Kranenberg (ZPC De Hof, 199400292)
50m 00:30.44 30,44 | 01:03.05(+80) |
| 3. Maaïke Doornwaard (Deltasteur, 199800264)
50m 00:30.62 30,62 | 01:03.25(+84) |
| 4. Laura Thien (SV Rheine 68 eV., 182000)
50m 00:30.94 30,94 | 01:05.52(+75) |
| 5. Larissa Thien (SV Rheine 68 eV., 196935)
50m 00:31.29 31,29 | 01:06.19(+75) |
| 6. Rosanne Schrijer (Deltasteur, 199702306)
50m 00:33.12 33,12 | 01:07.56 |
| 7. Laura Remke (SV Rheine 68 eV., 227430)
50m 00:32.26 32,26 | 01:07.62 |
| 8. Mathilde Stolmeijer (ZPC De Hof, 200100590)
50m 00:33.61 33,61 | 01:09.22(+82) |
| 9. Romee Nijboer (Het Ravijn, 199804392)
50m 00:33.21 33,21 | 01:10.24 |
| 10. Brit Brandsma (Zignea, 200100026)
50m 00:33.59 33,59 | 01:10.44(+77) |
| 11. Fleur van Alphen (Zignea, 199803692)
50m 00:33.99 33,99 | 01:11.48(+74) |
| 12. Marit Brakels (ZPC De Hof, 200002148)
50m 00:34.57 34,57 | 01:11.53(+105) |
| 13. Manon Post (Zignea, 200101824)
50m 00:34.21 34,21 | 01:11.54 |
| 14. Milena Remke (SV Rheine 68 eV., 259625)
50m 00:34.80 34,80 | 01:11.55(+43) |
| 15. Lena Schulz (SV Rheine 68 eV., 308595)
50m 00:33.63 33,63 | 01:11.68(+87) |
| 16. Daphne Tempelman (Het Ravijn, 199700930)
50m 00:34.88 34,88 | 01:11.71(+61) |
| 17. Elma Leusink (Deltasteur, 200001394)
50m 00:34.80 34,80 | 01:11.82 |
| 18. Esther Boonk (Zignea, 198806570)
50m 00:34.57 34,57 | 01:13.21(+90) |
| 19. Daphne Pols (Wzv, 199904116)
50m 00:35.51 35,51 | 01:13.75(+78) |
| 20. Nicole Zijlstra (Zignea, 199905852)
50m 00:34.87 34,87 | 01:13.94(+78) |
| 21. Annemijn Spohr (Wzv, 200000548)
50m 00:34.98 34,98 | 01:14.04(+78) |
| 22. Hilde Hollander (Deltasteur, 200000844)
50m 00:35.52 35,52 | 01:14.44(+85) |
| 23. Maudy Bergboer (Het Ravijn, 199803248)
50m 00:35.13 35,13 | 01:15.11 |
| 24. Femke Kemper (Zignea, 200001732)
50m 00:35.59 35,59 | 01:15.32(+74) |

25. Maud Heldoorn (Deltasteur, 200000564) 50m 00:35.82 35,82	01:15.72(+86)
26. Esther van der Sloot (Zignea, 199900124) 50m 00:36.65 36,65	01:16.73
27. Jola Noya (Deltasteur, 200000880) 50m 00:35.80 35,80	01:16.90(+90)
28. Danique Voortman (Het Ravijn, 199802918) 50m 00:36.48 36,48	01:17.00(+78)
29. Esther Mijnheer (Zignea, 199900870) 50m 00:37.00 37,00	01:17.25(+81)
30. Nele Büscher (SV Rheine 68 eV., 304328) 50m 00:38.43 38,43	01:18.91(+82)
31. Deborah Wilms (WS Twente, 199800936) 50m 00:36.92 36,92	01:21.31
32. Anouk Boltendal (Zignea, 200002518) 50m 00:40.56 40,56	01:24.35(+75)
33. Julia Siepker (SV Rheine 68 eV., 269021) 50m 00:40.25 40,25	01:24.87
34. Linda Meinders (Zignea, 200100644) 50m 00:41.38 41,38	01:25.22(+72)
35. Rebekka Nijzink (De Mors, 200102460) 50m 00:41.79 41,79	01:30.65
36. Evelien Geubels (Bubble, 200102522) 50m 00:43.53 43,53	01:33.93(+80)
37. Sarell Valk (Het Ravijn, 200103892) 50m 00:51.62 51,62	01:52.24(+96)
23. 100m vrije slag - Heren <i>vanaf 12 jaar (Junioren 1 en ouder)</i>	
1. Daniël de Wagt (Zignea, 199601339) 50m 00:26.72 26,72	00:56.86(+75)
2. Jari Hofsink (Deltasteur, 199700535) 50m 00:28.09 28,09	00:59.53(+77)
3. Sjoerd Nijhof (ZPC De Hof, 199401117) 50m 00:28.78 28,78	01:00.04(+76)
4. Ruben Nijzink (De Mors, 199805023) 50m 00:29.41 29,41	01:01.97(+57)
5. Arjen van der Boom (Zignea, 198604449) 50m 00:29.37 29,37	01:02.07
6. Jorrik Kerdijk (Bubble, 199602135) 50m 00:31.32 31,32	01:04.87(+67)
7. Jelte Veldkamp (ZPC De Hof, 199900051) 50m 00:31.59 31,59	01:06.55(+57)
8. Daniel Nijzink (De Mors, 199900171) 50m 00:32.82 32,82	01:08.32(+79)
9. Laurens Spoelstra (WS Twente, 199901273) 50m 00:33.09 33,09	01:09.19
10. Hendrik Broekema (Bubble, 200002205) 50m 00:33.13 33,13	01:09.41(+75)
11. Maarten Wesselink (De Mors, 199700769)	01:10.31(+76)

	50m 00:33.15 33,15			
12.	Nick van Scherrenburg (Zignea, 199902173)			01:10.40(+66)
	50m 00:32.97 32,97			
13.	Jurre ten Dam (WS Twente, 200003107)			01:11.83
	50m 00:34.69 34,69			
14.	Marijn Heetkamp (Het Ravijn, 199903407)			01:11.84
	50m 00:34.39 34,39			
15.	Matthijs Wessels (De Mors, 199900221)			01:16.75(+63)
	50m 00:36.62 36,62			
16.	Stefan Volkers (Het Ravijn, 199901745)			01:17.67(+82)
	50m 00:38.17 38,17			
17.	Christian Hiltjesdam (De Mors, 200004125)			01:21.27(+83)
	50m 00:39.66 39,66			
18.	Stijn Wesselink (De Mors, 200000023)			01:22.01(+86)
	50m 00:39.38 39,38			
24.	200m wisselslag - Dames			
	vanaf 11 jaar (Senioren Open)			
1.	Mirjam de Raad (Deltasteur, 199800794)			02:38.38(+75)
	50m 00:33.57 33,57	100m 01:13.11 39,54	150m 02:02.22 49,11	
2.	Merel Kraaijenhof (WS Twente, 199901428)			02:46.20(+88)
	50m 00:36.44 36,44	100m 01:19.24 42,80	150m 02:09.28 50,04	
3.	Louiza Kamp (Zignea, 199904372)			02:47.66(+75)
	50m 00:35.78 35,78	100m 01:18.89 43,11	150m 02:08.76 49,87	
4.	Lianne Roescher (ZPC De Hof, 199900248)			02:48.70
	50m 00:37.47 37,47	100m 01:19.87 42,40	150m 02:10.31 50,44	
5.	Chazia Slinkman (De Mors, 199800332)			03:01.37(+72)
	50m 00:38.42 38,42	100m 01:24.55 46,13	150m 02:15.98 51,43	
6.	Esther Boonk (Zignea, 198806570)			03:06.37(+91)
	50m 00:40.09 40,09	100m 01:28.11 48,02	150m 02:23.79 55,68	
7.	Esther de Wijs (Wzv, 199801732)			03:15.74
	50m 00:43.02 43,02	100m 01:32.03 49,01	150m 02:30.68 58,65	
8.	Isa Overvoorde (Zignea, 199805858)			03:21.63(+91)
	50m 00:43.82 43,82	100m 01:34.66 50,84	150m 02:31.59 56,93	
25.	200m wisselslag - Heren			
	vanaf 12 jaar (Junioren 1 en ouder)			
1.	Stefan Ridderbos (Bubble, 199700851)			02:31.28(+80)
	50m 00:32.83 32,83	100m 01:12.47 39,64	150m 01:56.95 44,48	
2.	Joey Nijboer (Het Ravijn, 199504659)			02:35.18(+76)
	50m 00:32.81 32,81	100m 01:13.42 40,61	150m 01:57.64 44,22	
3.	Ties Traanman (ZPC De Hof, 199800067)			02:42.31(+90)
	50m 00:35.12 35,12	100m 01:18.61 43,49	150m 02:06.92 48,31	
4.	Patrick Tempelman (Het Ravijn, 199700603)			03:07.07(+83)
	50m 00:42.07 42,07	100m 01:29.72 47,65	150m 02:24.73 55,01	
5.	Bjorn Elsmann (Het Ravijn, 200003523)			03:37.36
	50m 00:53.46 53,46	100m 01:47.84 54,38	150m 02:47.85 60,01	